



# SKATING UNRINK

An Insider's Guide  
to Skating Trails in the  
San Francisco Bay Area

Richard Katz

RECREATION

# Discover Thirty of the Bay Area's Best Skating Trails

Katz

Thousands are rediscovering skating for fitness, fun, and family recreation. But finding smooth, well-maintained, and uncluttered trails can be a challenge. In *Skating Unrunked*, a longtime skater maps out a variety of options in the greater San Francisco Bay Area. From Sonoma in the north, to Contra Costa in the east, to Monterey in the south, *Skating Unrunked* paves the way for thirty great skating adventures, including:

- + easy-to-follow maps
- + levels of difficulty
- + surrounding scenery and recreational activities
- + dining and snacking alternatives nearby
- + how to get there by car or public transportation



Michael Couzens

Richard Katz and his family have been skating for years. A playwright and business owner, he lives in Point Richmond, California.

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